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IV SEDATION PRE-OPERATIVE INSTRUCTONS

- EATING:** Do not eat or drink 4 hours prior to your appointment.
Your previous meal should be light and easily digestible.
- CLOTHING:** Loose clothing with short sleeves is desirable. Tight clothing will limit your comfort.
- MEDICATION:** Take any daily medication that your physician has prescribed for you at the designated time. Take with as little water as possible.
- TIME:** We ask that you arrive on time to take care of necessary paperwork, insurance, next appointments etc. We suggest that you use the restroom right before your appointment.
- ACCOMPANIMENT:** A responsible adult must accompany patient .
Patient must arrange for a ride home from the office..
Patient will **NOT** be able to drive for 24 hours following treatment.
- CONTACTS:** Contact lenses must not be worn.
- NAIL POLISH:** Please remove nail polish
- DIET:** Diet should consist of COLD AND SOFT foods for the first 24 hours after surgery. Examples would include yogurt, cottage cheese, cold pasta salads (not too spicy), egg salad, ice cream, Jell-O, applesauce, custard etc. After 24 hours stay on a soft but balance diet.

**PLEASE NOTE: YOUR APPOINTMENT IS SCHEDULED FOR _____ HRS. OF THE DOCTORS TIME. ONE WEEK PRIOR NOTIFICATION IS REQUIRED FOR ALL SURGICAL APPOINTMENT CHANGES OR RESCHEDULES.
(See financial arrangements.)**